



# Newsletter

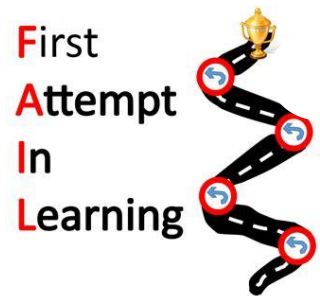
## January 2019

Dear Parents & Carers,

Happy New Year! Welcome back to school – ready for a Spring term of hard work. The start of the term should be a bit quieter than the rush at the end of Autumn term. Despite the forecasts of Beasts from the East, we will try to always let the children have some fresh air and outdoor time during the day so please ensure they come to school wrapped up warm, with sensible footwear suitable for winter weather.

### Facing challenges

We will be talking to the children a lot this term about the fact that it is ok to make mistakes – as mistakes are an important part of the learning process. We will also be taking about ways of over-coming these challenges and strategies to build resilience in the classroom. You may hear your child talking about 'being in the valley' or jumping from 'peak to peak'. Ask them about it!



### Lessons 4 life

On Friday, Class 4 will be taking part in a free first aid session. The session will be delivered by 'Lessons 4 Life' and will include training on CPR, choking, recovery position, epilepsy and treating wounds. Children will also learn about how to call for an ambulance, and how the ambulance service prioritises calls. First aid is an important life skill for children to have and I am sure they will enjoy learning these new skills.

### Scooter Skills

Year 2 children have the opportunity to take part in free scooter skills training on Monday 14<sup>th</sup> January. The children will need a scooter, sensible footwear, warm clothing and a safety helmet.



The value of the month is:

# Pride





### Parent lessons 4 life

We have an opportunity for a free first aid training session for parents and carers, focusing on topics such as choking, CPR, asthma and anaphylaxis.

The date will be Monday 21<sup>st</sup> January, 9.30am – 1.30pm.

We will be sending out a letter where you can book a place on this course.

### Book and Breakfast

Book and breakfast will be running on a Tuesday morning this term. It will run for 4 weeks and start on Tuesday 22<sup>nd</sup> January. Please come along and share books and stories with your child.



### School Clubs

The clubs running this term are:

Day	Time	Activity	Notes
Tuesday	8.15am – 8.45am	Yoga	Y3 – Y6 PE kit required Consent form required
Wednesday	8.15am – 8.45am	Mulitsports	FS2 – Y6 PE kit required Consent form required
Wednesday	3.30pm – 4.30pm	Mulitsports	Y1 – Y6 PE kit required Consent form required
Friday	12.45pm – 1.15pm	Recycling Club	Y3 – Y6



### Freddy Fit Returns!

On Thursday 7<sup>th</sup> February, Freddy Fit is returning to school for another day of keep fit fun! However, as part of our healthy lifestyles week, **PARENTS & CARERS** are also invited to take part in the sessions with your child. A letter will be sent out in due course with more details

### Dates for your diary

Wednesday 9 <sup>th</sup> 16 <sup>th</sup> , 23 <sup>rd</sup> & 30 <sup>th</sup> January	8.15am Sports Club 3.30pm Sports Club
Friday 11 <sup>th</sup> January	Y5 & 6 Lessons 4 Life First Aid sessions
Monday 14 <sup>th</sup> January	Y2 Scooter Skills
Tuesday 15 <sup>th</sup> , 22 <sup>nd</sup> & 29 <sup>th</sup> January	Yoga Club
Monday 21 <sup>st</sup> January	Adult Lessons 4 Life First Aid Training
Tuesday 22 <sup>nd</sup> & 29 <sup>th</sup> January	9.00am Class 1 Book and Breakfast

Ms S Ward  
Head Teacher